



**St. Helena Unified School District  
COVID Guidelines  
Effective April 6, 2022**

**Student is COVID positive  
Symptomatic or Asymptomatic**

- 5 days isolation **AND**
- Fever free without the use of fever-reducing medication **AND**
- Symptoms improving **AND**
- Negative Rapid Antigen Test result on or after day 5 (present result to school).
- If a rapid antigen test is not available, then isolation is 10 days.

**Student has Symptoms**

- 10-day quarantine may come back sooner with:
  - Negative PCR or Rapid Antigen Test presented to school **OR**
  - Doctor note presented to school stating non-COVID illness
- Fever free without the use of fever-reducing medication **AND**
- Symptoms improving

**Student is Exposed but remains Asymptomatic**

- Your child may remain in school unless they develop symptoms or test positive for COVID-19.
- Your child should get tested for COVID-19 within 3-5 days after the last date that the individual with COVID-19 was in school, or sooner if your child starts to show [symptoms](#). You may get tested at [a SHUSD afterschool testing site](#) or by [clicking here to find a testing site near you](#). Over-the-counter (at-home) tests may also be used.
- If your child develops [symptoms of COVID-19](#) or tests positive for COVID-19, please ensure they [isolate](#) at home immediately and notify us right away. When you notify us, we can take additional steps to keep our school community safe.
- Your child should wear a mask indoors in the school and community per local, and state requirements. Follow school policies to protect against COVID-19. [High-quality masks](#) with the best fit will provide the best protection for your child and the school community.
- If you haven't done so yet, your child should get vaccinated against COVID-19. If your child is 5 years of age or older, a booster dose is recommended five months after the second dose. Vaccinations against COVID-19 remain the best way to protect against the spread of this virus and against severe disease. [Make an appointment to get vaccinated](#) or contact your child's doctor or healthcare provider to learn more.