

ROBERT LOUIS STEVENSON MIDDLE SCHOOL

2022-2023 VA DAY BELL SCHEDULE

Aug. 10, Sept. 7, Oct.5, Nov. 2, Jan. 11, Feb. 1, March 1, April 12, May 3

First Bell Rings @ 8:26 am all days

MONDAY, TUESDAY, FRIDAY

| Period | Time | Min |
|----------|---------------------|---------|
| Wellness | 8:30 am - 8:34 am | 4 min. |
| 1st | 8:34 am - 9:19 am | 45 min. |
| 2nd | 9:23 am - 10:08 am | 45 min. |
| Break | 10:08 am - 10:23 am | 15 min. |
| 3rd | 10:23 am - 11:08 am | 45 min. |
| 4th | 11:12 am - 11:57 am | 45 min. |
| Lunch | 11:57 am - 12:37 pm | 40 min. |
| 5th | 12:37 pm - 1:22 pm | 45 min. |
| 6th | 1:26 pm - 2:11 pm | 45 min. |
| 7th | 2:15 pm - 3:00 pm | 45 min. |

Total instructional minutes 342 per day

12:30 Release Schedule

Dec. 16, March 31, June 8

| | | |
|-------|-------------|------|
| 1st | 8:30-9:00 | (30) |
| 2nd | 9:03-9:33 | (30) |
| 3rd | 9:36-10:06 | (30) |
| Break | 10:06-10:21 | (15) |
| 4th | 10:21-10:51 | (30) |
| 5th | 10:54-11:24 | (30) |
| 6th | 11:27-11:57 | (30) |
| 7th | 12:00-12:30 | (30) |

210 Instructional Minutes

VA DAY - WEDNESDAY

| Period | Time | Min |
|----------|---------------------|---------|
| Wellness | 8:30 am - 8:34 am | 4 min. |
| 1st | 8:34 am - 9:55 am | 81 min. |
| Break | 9:55 am - 10:10 am | 15 min. |
| 2nd | 10:10 am - 11:31 am | 81 min. |
| Lunch | 11:31 am - 12:14 pm | 43 min. |
| 3rd | 12:14 pm - 1:35 pm | 81 min. |

Total instructional minutes 255 per day

THURSDAY after a VA Day

| Period | Time | Min |
|----------|---------------------|---------|
| Wellness | 8:30 am - 8:34 am | 4 min. |
| 4th | 8:34 am - 9:55 am | 81 min. |
| Break | 9:55 am - 10:10 am | 15 min. |
| 5th | 10:10 am - 11:31 am | 81 min. |
| Lunch | 11:31 am - 12:14 pm | 43 min. |
| 6th | 12:14 pm - 1:35 pm | 81 min. |
| 7th | 1:39 pm - 3:00 pm | 81 min. |

Total instructional minutes 340 per day

